



Answers, 24/7

Whether it's counseling, legal and financial guidance, or advice on well-being and work-life balance, your Employee Assistance Program can help. Our support, resources and information are free, confidential and available all day, every day for you and your family. Online or over the phone, we're available 24/7.



Here when you need us.

Call: 866-301-0313

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Online: guidanceresources.com

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