



WASHINGTON TEAMSTERS WELFARE TRUST

Summary Plan Description Dental Plan C

Effective January 1, 2003

WASHINGTON TEAMSTERS WELFARE TRUST
DECEMBER 2019

SUMMARY OF MATERIAL MODIFICATIONS

This is a “summary of material modifications” (SMM) to the Washington Teamsters Welfare Trust dental benefit plan for active employees. The information in this SMM updates and replaces the applicable sections of this booklet, until a new booklet becomes available. Please read it carefully and keep it with your benefit plan booklet.

If you have questions about the information presented here, feel free to contact Delta Dental of Washington at 800-554-1907. For questions about enrollment in the Plan and whether you have eligibility for coverage, contact the Trust Administrative Office at 800-458-3053. If you need information on what coverage you have through the Trust, please refer to your collective bargaining agreement or contact the Trust Administrative Office, your local union, or employer.

PROGRAM MAXIMUM

Effective January 1, 2020, the program maximum will increase to \$2,675.

The maximum amount payable for covered dental benefits (including dental accident benefits) per eligible person will increase from \$1,800 to \$2,675 each calendar year.

Charges for dental procedures requiring multiple treatment dates are incurred at the time the treatment is completed. Amounts paid for such procedures will be applied to the program maximum of the calendar year in which the treatment is completed. The lifetime maximum amount payable by Delta Dental for orthodontic benefits will also increase from \$1,800 to \$2,675 per eligible child.

All covered employees and covered dependents are eligible for service benefits excluding orthodontia. Only covered dependent children through the age of 25 are eligible for orthodontic benefits.

WASHINGTON TEAMSTERS WELFARE TRUST
MAY 2014

SUMMARY OF MATERIAL MODIFICATIONS

This is a “summary of material modifications” (SMM) to the Washington Teamsters Welfare Trust’s Summary Plan Descriptions (plan books) **effective July 1, 2014**. Some plan modifications (changes) only apply to certain plans as noted. The information in this SMM updates and/or replaces the applicable sections of each book until new books become available. Please read it carefully and keep it with your benefit plan booklet(s). If you have questions about the information presented here, feel free to contact the Trust Administrative Office at 800-458-3053.

DEPENDENT COVERAGE

Participants may elect not to cover their spouse if: (a) they are legally separated and provide documentation of this fact to the Trust Administrative Office; or (b) their spouse consents to not being covered. Participants may elect to later reenroll their spouse or their spouse may revoke consent and reenroll.

Under federal law, a Participant’s child has a right to be enrolled in coverage under the Participants’ plan through the age of 25. If a Participant would like to elect not to cover a child age 18 or older, he or she must first provide the Trust Administrative Office with the child’s address in order for the child to be notified that coverage is being terminated. The child will be given the right to reenroll. Participants may elect later to reenroll a child provided the child is under age 26 at the time.

Termination of coverage or coverage upon reenrollment of a spouse or child will be effective the first of the month following receipt of written notification by the Trust.

WASHINGTON TEAMSTERS WELFARE TRUST

DENTAL PLAN C SUMMARY PLAN DESCRIPTION

SUMMARY OF MATERIAL MODIFICATIONS (CHANGES SINCE THE FOLLOWING BOOK WAS LAST PRINTED)

This is a “summary of material modifications” (SMM) to the Washington Teamsters Welfare Trust dental benefit plan for active employees covering the period from April 2004 through July 2011. The information in this SMM updates and replaces the applicable sections of this booklet, until a new booklet become available. Please read it carefully and keep it with your benefit plan booklet.

If you have questions about the information presented here, feel free to contact the Trust Administrative Office at 800-458-3053. If you need information on what coverage you have through the Trust, please refer to your collective bargaining agreement or contact the Trust Office, your local union, or employer.

ELIGIBILITY (LAG MONTH) RULE CHANGES

Effective April 1, 2004, your coverage will end as explained below if you cease working enough hours and your employer ceases to make contributions, or stops participating in the Plan.

The Trust’s lag month eligibility system continues while you work enough hours each consecutive month for a contribution to be made on your behalf. For example, if you work enough hours in July, and your employer makes a contribution in August (the lag month), coverage and benefits will be provided in September.

When you have a break in contributions due to layoffs, a reduction in your work hours, termination of employment, or for any reason *other than* retirement or resignation, the lag month system will no longer terminate. In these instances, your coverage will continue until the end of the *second* month following the month in which you last had the minimum number of hours, as stated in your collective bargaining agreement for contributions from any one contributing employer. For example, if you are laid off in April after working enough hours to receive a contribution, and the final contribution to the Plan is made in May, your coverage will end on June 30. If you are laid off in April without enough hours to receive a contribution, and the final contribution from your employer is made in April (for your March hours), your coverage will end on May 31.

When you retire or resign, or if your employer ceases to participate in the Plan, the lag month system will terminate. In these instances, your coverage will stop at the end of the month following the month in which you last had the minimum number of hours, as stated in your collective bargaining agreement for contributions from any one contributing employer. For example, if you retire in April after working enough hours to receive a contribution, and the final contribution to the Plan is made in May, your coverage will end on May 31. If you retire in April without enough hours, and the final contribution from your employer is made in April (for your March hours) your coverage will end on April 30.

If you return to work after 1) you had a break in contributions, or 2) you resigned or retired, or 3) your employer ceased making contributions, and contributions are again made on your behalf, coverage will resume under the lag month eligibility system the same as for a new hire. Trust eligibility for new hires begins after one month’s contribution is made on your behalf under the lag month system. For example, if contributions are first made on your behalf in October based on your employment in September, your coverage begins November 1.

Note: Some collective bargaining agreements may have a waiting period before contributions become payable to the Trust. An agreement may also require a minimum number of hours be

worked in order for contributions to be made. Refer to your collective bargaining agreement or contact your local union or employer about any waiting periods or hour requirements.

If you are a new hire or an employee reestablishing eligibility, the requirement of having at least two consecutive months of employer contributions in order to preserve lag month coverage for the first contribution no longer applies if you subsequently lose coverage due to termination, lay-off, or lack of hours. *As of April 1, 2004, this requirement only applies to resignations and retirements (or if an employer ceases to participate in the Plan).* For example, if you have only one contribution on your behalf and you resign or retire, you will not qualify for coverage. However, if you have only one contribution on your behalf and your employment is terminated, you are laid-off or do not work enough hours, you will receive one month of coverage.

The eligibility rule in effect September 1, 2003 that allowed your coverage to resume without the lag month if you returned to work for enough hours to receive a contribution while you were maintaining coverage under COBRA is no longer in effect as of April 1, 2004 (unless your coverage under COBRA was in effect before April 1, 2004).

RADIATION TREATMENT

Effective April 1, 2006, additional coverage of up to \$10,000 has been added for treatment of teeth and gum deterioration due to radiation treatment for cancer in the head, neck, or throat.

DOMESTIC PARTNERS

Your domestic partner and children of your domestic partner may be covered **after March 2007** subject to plan rules if your collective bargaining unit has bargained this coverage.

DENTAL CROWNS

Effective November 1, 2010, the five-year limitation on replacement of a crown is waived if replacement is due to dental necessity as a result of injury to the crown.

ESSENTIAL PEDIATRIC DENTAL CARE

Effective July 1, 2011, there is no annual limit of \$1,800 for essential pediatric dental care for children under age 18.

DEPENDENT CHILD ELIGIBILITY

Effective July 1, 2011, as part of the Patient Protection and Affordable Care Act (PPACA), children meeting the following criteria will be covered by the Trust:

Your eligible dependent children are your children under age 26 who are your:

- Natural children
- Adopted children
- Step Children
- Children placed with you for adoption

These children do not have to depend on you for support, do not have to attend school full time, and can be married and can have access to other health coverage through their own employment.

Your eligible dependent children also include your unmarried children up to age 19 who live with you and are dependent on you for support and are:

- Children for whom you are the court-appointed guardian
- Grandchildren
- Children of your domestic partner if your local union and employer negotiated domestic partner benefits

These dependent children who would otherwise qualify as eligible dependents but are 19 years or older will be eligible until age 26 (through 25th year) if they depend on you for support/maintenance and are full-time students in an accredited educational institution. School vacation and total disability periods that interrupt but do not terminate what would have been a continuous course of study are considered part of full-time attendance.

Except as noted below, all children who qualify as eligible dependents are eligible for benefits from the later of the effective date of your coverage or the date child meets the requirements above, except for children of domestic partners, who are covered prospectively from the date they are enrolled. Children who lost coverage prior to July 1, 2011 and are eligible to be enrolled under the Patient Protection and Affordable Care Act on July 1, 2011 will be covered as of July 1, 2011 if they are enrolled no later than 31 days after that date, otherwise they will be covered prospectively from the date they are re-enrolled.

For dependent life benefits, unmarried children are covered only until age 19.

An unmarried eligible dependent child who is physically or mentally incapable of self-support is eligible under the Plan while incapacitated, if your own coverage is in effect. To cover a child under this provision, file a Proof of Incapacity Form with the Trust Administrative Office within 31 days after coverage would otherwise end or within 31 days of the date you become covered by the Plan if a child is 19 or older at that time. Additional proof will be required from time to time; unless you provide additional proof as requested, the child's coverage will end.

In accordance with federal law, the Plan also provides medical coverage (including dental and vision coverage if these coverages are being provided through a Trust plan) to certain dependent children (called alternate recipients) if directed to do so by a Qualified Medical Child Support Order (QMCSO) issued by a court or state agency of competent jurisdiction and your own healthcare coverage is in effect.

CLAIMS APPEAL PROCEDURES

Effective for services provided on or after July 1, 2011, the Claim Appeal Procedures are modified as described below. These modifications are required by Section 2719 of the Patient Protection and Affordable Care Act (PPACA) and the regulations thereunder.

The Trust's internal claim appeal procedures consist of a right of appeal to a Committee of Trustees for an internal review. The health care reform legislation now requires that a claimant who is dissatisfied with a decision by the Trustees' Appeals Committee has a right to request an external review. Technical Release 2010-01 issued by the U.S. Department of Labor's Employee Benefits Security Administration describes how such an external review is to be conducted pending final guidance from the regulatory agencies. These requirements are summarized below.

REQUEST FOR EXTERNAL REVIEW

You must complete the internal claims appeal process discussed above before requesting an external review. Once the internal claim appeal process is completed by the Appeals Committee making its decision, you will have 120 days from the date you receive that decision to file a request for an external review.

You may request external review for any denied claim except for denials based on finding that you did not satisfy the eligibility requirements for a benefit under the terms of the applicable Plan.

Requests for external reviews should be sent to:

External Review Appeals
PO Box 12267
Seattle, WA 98102

PRELIMINARY REVIEW OF EXTERNAL REVIEW REQUEST

Within five (5) business days of receiving a request for external review, the Trust will complete a preliminary review of the request to make sure that:

- The patient is or was covered under the Trust at the time the health care item or service was requested or, in the case of a retrospective review, was covered under the Trust at the time the health care item or service was provided;
- The decision being appealed does not relate to any failure to meet the applicable eligibility requirements;
- The Trust's internal claims appeal process has been completed; and
- All the information and forms required to process an external review have been received.
- The matter appealed involves either medical judgment or rescission.

Within one business day after completion of this preliminary review, the Trust will issue notification of its decision. If the request is not eligible for external review, the Trust's notice will explain the reasons and provide any other information required, including contact information for the U. S. Department of Labor's Employee Benefits Security Administration (EBSA). If the request for external review is incomplete, the Trust will identify what is needed and you will have the longer of 48 hours or the remaining portion of the four-month external review request period to provide the information. If the external review request is complete and eligible for external review, the Trust will refer the matter to an Independent Review Organization (IRO).

REVIEW BY INDEPENDENT REVIEW ORGANIZATION

After a properly filed request for external review is referred, the Trust will provide the IRO with the required documentation in the time required by applicable Federal regulations. The IRO will notify both you and the Trust of its decision within 45 days after it has received the request to review.

EXPEDITED EXTERNAL REVIEW

You may request the IRO to provide you an expedited external review if you received:

- An adverse benefit determination involving a medical condition of the patient for which the time frame for completion of the Trust's expedited internal review process would seriously jeopardize the life or health of the patient or would jeopardize the patient's ability to regain maximum function and you have filed a request for an expedited internal appeal; or
- A final adverse benefit determination, if the patient has a medical condition where the timeframe for completion of a standard external review would seriously jeopardize the life or health of the patient or would jeopardize the patient's ability to regain maximum function, or if the final adverse benefit determination concerns an admission, availability of care, continued stay, or health care item or service for which the patient received emergency services, but has not been discharged from a facility.

If the Trust receives a request for expedited external review, it will proceed immediately to determine whether the request meets the reviewability requirements for a standard external review and will notify you of its determination. If the Trust determines that the appeal is eligible for a standard external review, the Trust will assign an IRO and will provide all necessary

documents and information considered in making the adverse benefit determination or final adverse benefit determination to the IRO electronically or by any other available expeditious method. The IRO will notify the Trust and you of its determination as expeditiously as the patient's medical condition or circumstances require, but in no event more than 72 hours after the IRO receives the request for an expedited external review.

If the notice from the IRO is not in writing, within 48 hours after the date of providing the notice, the IRO will provide both you and the Trust written confirmation of the decision.

ACTIONS FOLLOWING THE DECISION OF THE IRO

If the IRO directs that benefits be paid, the Trust will provide benefits under the applicable Plan in accordance with the decision. If the decision is adverse, you will have the right to pursue a suit pursuant to 29 U.S.C. 1132(a). Any legal action seeking to overturn a denial or an action that has otherwise adversely affected a claimant must be brought within 180 days of the latest of the following events: the initial denial with no appeal being made; the final adverse benefit determination by the Trust; or the IRO's denial.

INTRODUCTION

This booklet describes the benefits and provisions of the Washington Teamsters Welfare Trust Dental Plan C for employees of employers who negotiate a collective bargaining agreement requiring Plan contributions. This plan is designed to assist you and your family in paying the cost of dental care. Although the plan provides coverage for many dental services, it will generally pay only a portion of the charges, not the whole cost. We encourage you to become familiar with your dental benefits and to discuss costs with your dentist before service begins, to prevent misunderstandings. If you have any questions not answered by this booklet, please contact Washington Dental Service (WDS/Delta Dental), which administers this plan on behalf of the Washington Teamsters Welfare Trust. WDS/Delta Dental handles most of the administrative details, such as paying claims and answering your benefit questions.

WDS/Delta Dental is a member of the Delta Dental Plans Association (DDPA), the nation's largest, most experienced dental benefits organization. The DDPA is made up of local, not-for-profit Delta Dental plans that provide a range of employee dental benefit programs. DDPA is unique in that its members contract with close to 106,000 dentists nationwide who provide dental care to subscribers at previously agreed-upon fee levels.

This Plan is funded directly by the Trust, using contributions from both employers and participants. This money goes into the Trust and the Trustees, representing the participating employers and local union members, decide the level of funding and plan design. WDS/Delta Dental follows the rules set forth by the Trustees, and takes care of the plan's benefit and claims administration.

As you think about how to use your benefits, consider that your use of the plan directly affects costs. We encourage you to be a wise consumer and to evaluate all your treatment options.

IMPORTANT NOTICE

Payment of benefits as specified in this booklet depends on your employer making contributions for you to the Washington Teamsters Welfare Trust sufficient to maintain these benefits. The amount of necessary employer contributions may increase from time to time. If your employer doesn't pay the required contributions, your coverage may be transferred to a lower-cost plan. If you are ineligible for Plan coverage, the fact that contributions were made on your behalf will not entitle you to benefits.

Only Washington Dental Service (WDS/Delta Dental) is authorized by the Trustees to administer the Plan and provide information about the amount of benefits. Similarly, only the Trust Administrative Office, Northwest Administrators, Inc. is authorized to administer eligibility issues and provide eligibility information. No union employee, union officer, business agent, employer or employer representative or representative of any other organization except WDS/Delta Dental or the Trust Administrative Office is authorized to give Plan information, interpret the Plan or commit the Trustees on any matter. In all cases, the terms of the Plan govern.

While no change in the Plan is anticipated, the Trustees reserve the right to terminate, amend or eliminate benefits as deemed necessary. The Trustees have no obligation to furnish benefits beyond those that can be supported by the Trust fund.

Si necesita ayuda para entender este panfleto, comuníquese con la oficina administrativa.

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General Information



GENERAL INFORMATION

Administrator

This plan is administered by Washington Dental Service (WDS/Delta Dental). To file a dental claim or for questions about benefits covered under this Plan, whether you are eligible for a specific benefit (such as orthodontia or a cleaning), or to check on the status of a dental claim contact:

Washington Dental Service
Customer Service Department
PO Box 75688
Seattle, WA 98175-0688

Telephone: 206-522-2300 or 800-554-1907

For questions about enrollment in the Plan and whether you have eligibility for coverage, contact the Trust Administrative Office:

Washington Teamsters Welfare Trust
Northwest Administrators, Inc.
2323 Eastlake Avenue East
Seattle, WA 98102

Telephone: 800-458-3053

Enrollment

Participant Data Form

To receive benefits under this Plan and avoid delays in claim administration, you must complete and submit a Participant Data Form to the Trust Administrative Office when you first become eligible. Participant Data Forms can be obtained from the Trust Administrative Office or your local union.

Updating Enrollment Data

Accurate and efficient claim processing depends, in part, on WDS/Delta Dental having current data. Changes in address, marital status, number of dependents and information about other insurance are critical. Remember to advise the Trust Administrative Office promptly of these changes, using a revised Participant Data Form.

ID/Information Card

Your dental ID card contains important information for you and your providers, such as who can answer questions and where to send claims. It also lets providers know that you're a Trust member. Carry your ID card at all times and present it to your dental providers.

Quick Guide to Claim Filing

WDS/Delta Dental Member Dentists

You may receive services from any licensed dentist, but costs may be lower if you receive service from a WDS/Delta Dental provider. When using a member dentist:

- Be sure to present your ID card when receiving treatment. This card identifies you as a Washington Teamsters Welfare Trust participant and tells the provider where to send the bill for payment.
- You do not need to fill out a claim form if you use a WDS/Delta Dental member dentist. The dentist will submit the claim for you.
- If another plan is primary, submit an Explanation of Benefits (EOB) from the other plan with your claim.
- You will receive an EOB specifying what was paid under this Plan and your financial responsibility.
- WDS/Delta Dental is not obligated to pay for treatment performed if the claim is submitted more than 12 months after the date treatment is provided.

Nonmember Dentists

If you receive services from a dentist who is not a member of WDS/Delta Dental, follow these steps:

- Have your dentist complete and sign an American Dental Association-approved claim form and submit it to WDS/Delta Dental.
- If another plan is primary, submit an Explanation of Benefits (EOB) from the other plan with your claim.
- WDS/Delta Dental is not obligated to pay for treatment performed if the claim is submitted more than 12 months after the date treatment is provided.
- You will receive an EOB specifying what was paid under the Plan and your financial responsibility.

If You Have Questions

For claim inquiries and questions about the benefits, contact WDS/Delta Dental at (206) 522-2300 or (800) 554-1907.

For information about enrollment, contact the Trust Administrative Office at (800) 458-3053.

For information about the claim review and appeal process, see the Claim Review and Appeal Procedures on page 45.

If you would like to request an ID card or if you lose your card, contact WDS/Delta Dental at (206) 522-2300 or (800) 554-1907.

Eligibility and Coverage Effective Dates



ELIGIBILITY AND COVERAGE EFFECTIVE DATES

Who's Eligible

To become eligible for contributions to be made to the Trust on your behalf, you must first meet the requirements in your employer's collective bargaining agreement, consistent with Trust guidelines. You also must be an active employee with the minimum number of compensable hours or hours worked (usually 80) during a month for any one employer who makes Plan contributions.

Coverage Effective Dates

Lag Month Rule

To help ensure timely eligibility information is provided to your health care providers, the Trust uses a lag month system — the Trust advances eligibility for one month while you continue working enough hours each month for a contribution to be made on your behalf. For example, if you work enough hours in January and your employer makes a contribution in February (the lag month), your dental coverage is effective in March (rather than February). This continues until you have a break in contributions (see Breaks in Contributions below).

Any month the Trust waives contributions for you due to a disability will be considered a month in which contributions were made for the purpose of determining if you had a break in contributions.

When Coverage Begins

Dental coverage and benefits for new hires begin after one month's contribution is made on your behalf under the lag month system. For example, if you are a new hire who has satisfied the requirements of your collective bargaining agreement, you work enough hours in June and your employer makes a contribution in July (the lag month), your coverage begins August 1. *Please note, you generally need at least two consecutive months of contributions to avoid a loss of the first month of coverage. See Breaks in Contributions below for more information.*

Breaks in Contributions

The lag month eligibility system continues while you continue working enough hours each consecutive month for a contribution to be made on your behalf. For example, if you work enough hours in July, and your employer makes a contribution in August (the lag month), dental coverage and benefits will be provided in September, and so on. The lag month eligibility system will end, however, any time you have a break in contributions for whatever reason. When you have a break in contributions, the lag month system terminates and your coverage will end with the month following the month in which you last had enough hours, provided you had at least two consecutive contributions. For instance, if you last have adequate hours in October, and contributions are last made in November, your coverage will end November 30.

If, following a break in contributions, you return to work for sufficient hours in a month and contributions resume, your coverage will resume the same as for a new hire.

Two Consecutive Months Contributions Requirement to Prevent a Loss of the First Month of Coverage

If you are a new hire, or an employee re-establishing eligibility following a break in contributions, you must have at least two consecutive months of contributions in order to preserve lag month dental coverage for the first contribution. If you have one month of contributions followed by a break in contributions before a second consecutive monthly contribution on your behalf, you will lose eligibility for coverage for that single month of contributions.

Example

You did not work enough hours in May to receive a contribution, but you do work enough hours in June, so your employer makes one contribution in July (for August coverage). However, you do not work enough hours in July to receive a second consecutive contribution. Your coverage for August will be cancelled because the break in contributions results in a termination of the lag month system.

If your break in contributions was due to a disability, and you return to employment for sufficient hours during a disability waiver of contribution month, you will qualify for reinstatement of your lag month without having to satisfy the new hire rule again.

When Coverage Ends

Dental coverage for you and your dependents will end if this Plan terminates or if your employer ceases to make required contributions or stops participating in the Plan. A dependent's coverage also will end when he or she no longer meets the Plan's eligibility requirements (for instance, when your child who is not a full-time student turns 19).

When you have a break in contributions, coverage stops at the end of the month following the month in which you last have the minimum number of hours stated in the collective bargaining agreement for contributions from any one contributing employer, provided you had at least two consecutive contributions.

Any employee or dependent in full-time military service will not be covered except as described in Military Service Under USERRA on page 15 and COBRA Self-Pay Option on page 18.

Please note, slightly different lag month eligibility rules applied to new hires and active participants from January 1, 2003, through May 31, 2003. Details are available in the Summary of Material Modifications provided to participants in July of 2003. Please call the Trust Administrative Office if you did not receive a copy or you have questions about your eligibility.

Eligible Dependents

Eligible dependents are:

- Your wife or husband
- Your unmarried natural or adopted children younger than 19, including children under age 19 placed in your home pending adoption where you have assumed a legal obligation for support and maintenance of the child in anticipation of the adoption
- Unmarried children for whom you are the court-appointed legal guardian, or your stepchildren or grandchildren if they are unmarried and younger than 19, live with you and depend on you for support/maintenance.

All children who qualify as eligible dependents are eligible for dental benefits from birth.

For dental benefits, all children who otherwise qualify as eligible dependents but are 19 or older will be eligible until age 26 (through age 25) if they depend on you for support/maintenance and are full-time students in an accredited educational institution. School vacation and total disability periods that interrupt but do not terminate what would have been a continuous course of study are considered part of full-time attendance.

An unmarried eligible dependent child who is physically or mentally incapable of self-support is eligible under the Plan while incapacitated, if your own coverage is in effect. To cover a child under this provision, file a Proof of Incapacity Form with the Trust Administrative Office within 31 days after coverage would otherwise end or within 31 days of the date you become covered by the Plan if a child is 19 or older at that time. Additional proof will be required from time to time; unless you provide additional proof as requested, the child's coverage will end.

In accordance with federal law, the Plan also provides dental coverage to certain dependent children (called alternate recipients) if directed to do so by a Qualified Medical Child Support Order (QMCSO) issued by a court or state agency of competent jurisdiction and your own health care coverage is in effect. Contact the Trust Administrative Office for details.

Any employee or dependent in full-time military service will not be covered except as described in Military Service Under USERRA on page 15 and COBRA Self-Pay Option on page 18.

Continuation of Coverage



CONTINUATION OF COVERAGE

This section describes various options for continuing dental coverage under specific circumstances.

Quick Guide to Continuing Your Coverage

The Trust offers a number of options for continuing your dental coverage after it would normally end, depending on your situation. The chart below provides an overview of these options, which are described in more detail in the following pages.

Continuing Your Dental Coverage Overview			
Continuation option*	How long coverage can be continued	Who can be covered	For details
Continuing coverage lost due to delinquency of employer contributions	Up to three months	You and your eligible dependents	See page 15
Continuing coverage lost due to a strike, lockout or labor dispute	Up to six months	You and your eligible dependents	See page 15
Continuing coverage during a military leave	During your military leave (maximum of 18 months)	You and your eligible dependents	See page 15
Continuing coverage during a Family or Medical Leave (FMLA)	During your FMLA leave (maximum of 12 weeks)	You and your eligible dependents	See page 16
Total Disability Waiver of Contributions	Up to three months	You and your eligible dependents	See page 17
COBRA (self-pay option)	Normally up to 18 months Up to 29 months if disabled Up to 36 months for dependents in certain circumstances	You and/or your eligible dependents	See page 18

* You may generally only continue coverage you already had through the Trust. For instance, you may continue dental coverage only if you had dental coverage through the Trust and it is allowed under the continuation option.

Please note, this chart is only a brief summary and does not describe many details of the continuation options. Please refer to the pages shown in the chart for more detailed descriptions, or call the Trust Administrative Office.

Continuing Coverage Lost Due to Delinquency of Employer Contributions

Dental coverage for you and your eligible dependents may be continued for up to three months if your employer is delinquent in Plan contributions and the employer account has been referred for collection. To be eligible for continued coverage, you must provide proof of employment that would have created eligibility had the required employer contribution been made. This continued coverage is for a maximum of three months after employer contributions stop and is available only once for an employer or successor. (This provision does not relieve an employer of any obligation to contribute to the Plan.)

Continuation of Dental Coverage in the Event of a Strike, Lockout or Other Labor Dispute

If your coverage terminates because active work ends as a result of strike, lockout or other labor dispute, your dental coverage may continue during the dispute while the Plan is in effect if you self-pay the required contributions. See pages 18 to 20 for information on COBRA self-pay coverage.

In no event may you continue your benefits beyond *the earliest* of these dates:

- Six months after you stop active work
- Your request that coverage be terminated
- Your failure to make the required self-payment on time
- Your eligibility for similar coverage under another group plan
- Termination of the Plan.

Military Service Under USERRA

If you leave covered employment to perform certain United States military service, you and your covered dependents may have the right to continue your group health benefits — including medical, dental, vision and prescription drug coverage. If your military service lasts less than 31 days (for example, active duty for training), the Plan will continue to cover you and your dependents. If your military service lasts over 31 days, you and your dependents will be eligible to continue coverage through self-payment for up to 18 months. When you return to covered employment, your regular coverage will begin immediately, if you meet the requirements summarized below.

Under the Uniformed Services Employment and Reemployment Rights Act (USERRA), you must notify your employer before taking leave (unless precluded by military necessity or other reasonable cause). You should also tell your employer how long you expect to be gone. Upon release from military duty, you must apply for reemployment as follows:

- Less than 31 days military service — apply immediately, taking into account safe transportation plus an eight-hour rest period
- 31-180 days military service — apply within 14 days
- More than 180 days military service — apply within 90 days.

If you're hospitalized or convalescing, these reemployment deadlines are extended while you recover (but not longer than two years).

The rules above also apply to uniformed service in the commissioned corps of the Public Health Service.

To ensure proper crediting of service under USERRA, have your employer notify the Trust Administrative Office when you go on leave and again when you are reemployed following your return from leave.

If You Take a Family or Medical Leave

To be eligible under the federal Family and Medical Leave Act (FMLA), you must have worked for your current employer for at least 12 months and for at least 1,250 hours in the 12 months before your leave. If you meet these requirements and work for an employer with 50 or more employees within a 75-mile radius, the law requires your employer to continue contributions for your (and your dependents') medical, dental, vision and coverage (if covered under the Trust) for up to 12 weeks during a 12-month period if you're on leave due to:

- Birth of a child, or placement for adoption or foster care
- Serious health condition of a child, spouse or parent
- Your own serious health condition.

Contact your employer as soon as you think you're eligible for a family or medical leave since the law requires you to give 30 days notice, or tell your employer immediately if your leave is caused by a sudden, unexpected event. Your employer can tell you of your other rights under FMLA.

If you haven't returned to work when your coverage under FMLA ends, you and your dependents will be able to elect COBRA self-pay coverage, as described on pages 18 to 20.

If you qualify for a Disability Waiver of Contributions and under FMLA because of your own serious health condition, as described in the following section, employer contributions are not required by the Trust while you remain qualified for the Disability Waiver of Contributions.

Waiver of Contributions for Total Disability

If you fail to work the specified minimum monthly hours for eligibility because you're totally disabled, and you've submitted proof of the disability from your physician and employer, you may receive a waiver of contributions for up to *three* months if you remain totally disabled. The waiver period will begin on the first of the month following the month your employer's paid coverage ends. This waiver allows continuation of:

- Dental
- Medical/prescription — if covered by this Trust
- Vision — if covered by this Trust
- Life AD&D — if covered by this Trust.

At the conclusion of the waiver period you may elect COBRA and begin making COBRA self-payments, but your combined continuation coverage under the waiver period and COBRA may not exceed 18 months (29 months if disabled).

To determine eligibility for waiver of contributions, you must become disabled in a month for which you have eligibility based on an employer contribution. You must also be:

- Totally disabled due to a covered accident or illness (including pregnancy and its complications), and
- Unable to perform the normal duties of your occupation, and
- Not engaged in any occupation for wage or profit (except light-duty work that may be allowed under your collective bargaining agreement), and
- Under a physician's regular care for that injury or sickness.

A subsequent disability separated by less than two weeks of full-time work is considered the same disability unless it is due to a different cause and begins after you return to full-time work.

Self-Pay for Continuing Health Care Coverage

COBRA Self-Pay Option

You may be eligible to continue dental coverage after it would otherwise terminate based on a federal law, the Consolidated Omnibus Budget Reconciliation Act of 1985 (COBRA). If you are an employee covered by the Plan, you and your covered dependents may choose COBRA self-pay coverage for up to 18 months if your coverage terminates for one of these qualifying events:

- A reduction in your hours of employment
- Termination of your employment other than for gross misconduct.

A dependent spouse covered by the Plan may choose COBRA self-pay coverage for up to 36 months if coverage terminates for one of these qualifying events:

- Death of the employee
- Divorce from the employee
- Spouse elects Medicare as primary coverage.

A dependent child covered by the Plan may choose COBRA self-pay coverage for up to 36 months if coverage terminates for one of these qualifying events:

- Death of the employee
- Parents' divorce
- Parent elects Medicare as primary coverage
- Dependent no longer eligible under the Plan.

A spouse or dependent child who elects COBRA self-pay coverage for 18 months due to the employee's termination or reduction in hours may be eligible to continue coverage for up to 36 months for a second qualifying event:

- Death of the employee
- Employee's divorce
- Employee elects Medicare as primary coverage
- Dependent no longer eligible under the Plan.

You or your dependent is responsible for informing the Trust Administrative Office of a divorce or loss of dependent status no later than 60 days after the qualifying event that causes coverage to end. *The employer is responsible for notifying the Trust Administrative Office when the employee's coverage ceases.*

While self-paying under this option, you or your dependent could receive a Social Security determination confirming disability at the time of the COBRA qualifying event (or within the first 60 days of continuation coverage due to the event). If this happens, the disabled person and all COBRA-eligible family members may be eligible for up to 29 months of continuation coverage. The Trust Administrative Office must receive a copy of the disability determination within 60 days of the determination date and *within the original 18-month coverage period*. If the disabled individual is later determined no longer to be disabled by the Social Security Administration, *you must notify the Trust Administrative Office within 30 days of the determination*.

When the Trust Administrative Office is notified that a qualifying event has occurred, it will supply details including:

- Application for COBRA self-pay coverage
- Cost information and payment procedures
- Requirements for continuation of coverage.

Timing Is Important

Your application and self-payments must be timely. You will be eligible for COBRA self-pay coverage only within the following time frames:

- You must return the COBRA application within 60 days, starting as of the date you are notified or the date your coverage ends, whichever is later. You won't be eligible for COBRA self-pay coverage after this 60-day election period ends.
- The first self-payment is due within 45 days after your first bill is mailed (the exact date will be determined when you are billed). Subsequent self-payments will be due the last day of the month for which payment is being made. Your COBRA coverage will terminate automatically unless you make timely payments.

Employees who qualify for a total disability extension and waiver of contributions, described on page 17, may not have to make COBRA-payments during the three-month waiver period. However, the combined period under COBRA self-pay coverage and the waiver may not exceed 18 months (29 months if disabled). To qualify for the additional 11-month COBRA disability period, you must qualify for and be receiving Social Security disability benefits. Consult the Trust Administrative Office for details.

COBRA self-pay coverage will be identical to that provided under the Plan to similarly situated employees or dependents.

You may also be required to purchase other plan benefits you are eligible for under the Trust, such as medical and vision plan benefits, in order to purchase dental plan benefits. Contact the Trust Administrative Office for further details.

COBRA self-pay coverage will terminate before the COBRA eligibility period ends for any of the following reasons:

- Payment for continuation of coverage is not received by the last day of the month for which payment is being made.
- You, your spouse and/or eligible dependents obtain coverage under any other group health plan after the last date to elect COBRA self-pay coverage (unless the other plan excludes or limits your benefits because of a preexisting condition).
- You became entitled to Medicare benefits (Part A or Part B) after the last date to elect COBRA self-pay coverage; however, your dependents may be entitled to further continuation of coverage. (If your spouse or dependent becomes eligible for Medicare for any reason, coverage for that individual will end.)
- The Plan terminates.
- Social Security determines you are no longer disabled during an 11-month disability extension period.

Dental Plan Provisions



DENTAL PLAN PROVISIONS

Dental Plan C Plan Features

Plan Feature	Plan pays*
Annual Deductible	None
Covered Services	Scheduled Allowance (see Covered Services on page 31)
Annual Maximum	\$1,800
Orthodontia for children through the age of 18 <i>Only dependent children through the age of 18 are eligible. If orthodontia work began before the dependent's 19th birthday and the child is a full time student, coverage for the work already begun may continue through age 25.</i>	70% up to \$1,800 lifetime maximum
Dental Accident	100% of the member dentists' pre-approved fee or the amount allowed by the schedule of allowance (up to the unused annual maximum)

*Certain exclusions and limitations apply. See Covered Services for specific dental benefits under this plan.

How to Use Your Program

The best way to take full advantage of your dental plan is to understand its features. You can do this most easily by reading this benefits booklet *before* you go to the dentist. The booklet is designed to give you a clear understanding of how your dental insurance works and how to make it work for you. It also answers some common questions and defines a few technical terms. If this booklet doesn't answer all of your questions, or if you don't understand something, call a WDS/Delta Dental customer service representative at (800) 554-1907. If you have questions about your enrollment under the plan, call the Trust Administrative Office at (800) 458-3053.

Choosing a Dentist

With the DeltaPremier USA program, you may select any licensed dentist. Tell your dentist you are covered by a WDS/Delta Dental plan and give him or her your Social Security number, the program name, which is Washington Teamster Welfare Trust and the group number, which is **#9086**.

WDS/Delta Dental Member Dentists

There are advantages to selecting a WDS/Delta Dental member dentist. First, you have a choice of more than 3,000 dentists in Washington State or 106,000 participating dentists nationwide. And, if you select a dentist who is a member of WDS/Delta Dental, that dentist has agreed to provide treatment for eligible persons covered by Delta Dental programs according to the provisions of his or

her member dentist contract. Member dentists complete and submit claim forms to WDS, and they receive payment directly from WDS. You will not be charged for more than the approved fee that your dentist has with the Delta Dental plan in his or her state. You are, however, responsible for copayments, the difference between the approved fee and the scheduled allowance (see Dental Plan C Summary section) and for any elective care you choose to receive outside the covered benefits. To find out whether your dentist is a member, ask him or her, check your plan's Directory of Dentists or go online to the WDS/Delta Dental Web site at www.DeltaDentalWA.com and click on the "Find a Dentist" option. Please make sure to select the DeltaPremier network.

Nonmember Dentists

If you select a dentist who is not a member of Delta Dental, you are responsible for paying the dentist and having him or her complete and sign claim forms. WDS/Delta Dental accepts any American Dental Association-approved claim form that your dentist may provide. It is up to you to ensure that the claim is sent to WDS/Delta Dental. The payment for services performed by a nonmember dentist is based on the dentist's actual charges or amount allowed under the schedule of allowances, whichever is less. You should be aware that WDS/Delta Dental has no controls over nonmember dentists' fees. If your nonmember dentist charges more than the WDS/Delta Dental nonmember allowable fee, you may end up paying more out of pocket to make up the difference.

Non-member Dentist Allowable Fee

The maximum amount recognized by the plan will be based on the WDS/Delta Dental allowable fees for non-member dentists. You will pay any amounts above this in addition to any difference between the allowable fees and the schedule of allowance.

Certain limitations and exclusions apply, meaning that the plan does not cover every aspect of dental care. This can affect the type of procedures performed or the number of visits. These limitations are detailed in this booklet under the sections called Covered Services on page 31 and General Exclusions on page 36.

Program Maximums

The annual maximum is the maximum dollar amount the plan will pay toward the cost of dental care within a calendar year. You are personally responsible for paying any costs above the annual maximum.

For your program, the maximum annual amount payable for covered dental benefits (including dental accident benefits) per eligible person is \$1,800 each calendar year. Charges for dental procedures requiring multiple treatment dates are incurred at the time the treatment is completed. Amounts paid for such procedures will be applied to the annual maximum of the calendar year in which the treatment is completed.

The lifetime maximum amount payable by WDS for orthodontic benefits is \$1,800 per eligible child.

All covered employees and covered dependents are eligible for service benefits excluding orthodontia. Only covered dependent children through the age of 18 are eligible for orthodontic benefits.

Claims Filing and Deadlines

American Dental Association-approved claim forms may be obtained from your dentist. WDS/Delta Dental is not obligated to pay for treatment performed in the event that a claim form is submitted for payment more than 12 months after the date the treatment is provided.

Predetermination of Benefits

If your dental care will be extensive, you may ask your dentist to complete and submit an American Dental Association-approved claim for an estimate. This “predetermination of benefits” will allow you to know in advance what procedures are covered, the amount the plan will pay toward the treatment and your financial responsibility.

Benefit Period

Most dental benefits are calculated within a “benefit period,” which is typically for one year. For the Washington Teamsters Welfare Trust, the benefit period is January 1st through December 31st.

Class I Services

Examinations*Covered Examination Benefits*

- Routine examinations
- X-rays
- Emergency examinations
- Examination by a specialist in an American Dental Association recognized specialty
- WDS/Delta Dental-approved caries susceptibility tests.

Limitations

- Examinations are covered twice in a calendar year
- Complete series (four bitewing x-rays and up to 10 periapical X-rays) or panorex X-rays are covered once in a three-year period
- Supplementary bitewing X-rays are covered twice in a calendar year.

Exclusions

- Diagnostic services and X-rays related to temporomandibular joints (TMJ or jaw joints)
- Consultations or elective second opinions
- Study models.

Refer also to general exclusions.

Preventive*Covered Preventive Benefits*

- Prophylaxis (cleaning)
- Periodontal maintenance
- Fissure sealants

- Topical application of fluoride or preventive therapies
- Space maintainers when used to maintain space for eruption of permanent teeth.

Limitations

- Prophylaxis is covered twice in a calendar year
- Under certain conditions of oral health and when approved by WDS/Delta Dental, periodontal maintenance may be covered, up to a total of four combined regular and periodontal visits in a calendar year. *Please note: It is strongly recommended that you have your dentist submit a predetermination of benefits to determine if the treatment will be fully covered*
- Topical application of fluoride or preventive therapies (but not both) is covered twice in a calendar year
- Fissure sealants are available for children through age 18. Payment for application of sealants will be for permanent maxillary (upper) or mandibular (lower) molars with incipient or no caries (decay) on an intact occlusal surface. The application of fissure sealants is a covered benefit once in a three-year period per tooth.

Exclusions

- Plaque control program (oral hygiene instruction, dietary instruction and home fluoride kits)
- Cleaning of a prosthetic appliance
- Replacement of a space maintainer previously paid for by WDS/Delta Dental.

Refer also to general exclusions.

Class II Services

Restorative

Covered Restorative Benefits

- Amalgam, composite or filled resin restorations (fillings) for treatment of carious lesions (visible destruction of hard tooth structure resulting from the process of dental decay) or fracture resulting in significant loss of tooth structure (missing cusp)
- Stainless steel crowns.

Limitations

- Restorations on the same surface(s) of the same tooth are covered once in a two-year period
- Stainless steel crowns are covered once in a two-year period
- Recementing of crowns, inlays and onlays
- Repair of prosthetics appliances
- Refer to Class III Limitations if teeth are restored with crowns, inlays or onlays.

Exclusions

- Restorations necessary to correct vertical dimension or to alter the morphology (shape) or occlusion
- Overhang removal, re-contouring or polishing of restoration.

Refer also to general exclusions.

Oral Surgery

Covered Oral Surgery Benefits

- Removal of teeth and surgical extractions
- Preparation of the alveolar ridge and soft tissue of the mouth for insertion of dentures
- Treatment of pathological conditions and traumatic facial injuries
- General anesthesia/intravenous sedation
- Ridge extension for insertion of dentures (vestibuloplasty)
- General anesthesia/intravenous sedation
- Tooth transplants and reimplants.

Limitations

- General anesthesia/intravenous sedation is covered only when administered by a licensed dentist or other WDS/Delta Dental -approved licensed professional who meets the educational, credentialing and privileging guidelines established by the Dental Quality Assurance Commission of the state of Washington in conjunction with certain covered oral surgery procedures, as determined by WDS/Delta Dental
- Tooth transplants or reimplants are covered only when performed for stabilization or splinting of a tooth due to an accident.

Exclusions

- Iliac crest or rib grafts to alveolar ridges.

Refer also to general exclusions.

Periodontics

Covered Periodontic Benefits

- Surgical and nonsurgical procedures for treatment of the tissues supporting the teeth. Services covered include examinations, periodontal scaling/root planing, periodontal surgery
- Limited adjustments to occlusion (eight or fewer teeth)
- WDS/Delta Dental-approved localized delivery of chemotherapeutic agents
- General anesthesia/intravenous sedation
- Nightguards.

Limitations

- Periodontal scaling/root planing is covered once in a three-year period
- Limited occlusal adjustments are covered once in a 12-month period
- Localized delivery of chemotherapeutic agents approved by WDS/Delta Dental are a covered benefit under certain conditions of oral health. Localized delivery of chemotherapeutic agents is limited to two teeth per quadrant and up to two times (per tooth) in a calendar year
- Periodontal surgery (per site) is covered once in a three-year period
- Soft tissue grafts (per site) are covered once in a three-year period
- Periodontal surgery and localized delivery of chemotherapeutic agents must be preceded by scaling and root planing a minimum of six weeks and a maximum of six months, or the patient must have been in active supportive periodontal therapy, prior to such treatment
- General anesthesia/intravenous sedation is covered only when administered by a licensed dentist or other WDS/Delta Dental-approved licensed professional who meets the educational, credentialing and privileging guidelines established by the Dental Quality Assurance Commission of the state of Washington in conjunction with certain covered periodontal surgery procedures, as determined by WDS/Delta Dental
- Nightguards covered once in a two year period for bruxism (grinding) only.

Exclusions

- Periodontal splinting and/or crown and bridgework in conjunction with periodontal splinting, crowns as part of periodontal therapy and periodontal appliances
- Gingival curettage
- Localized delivery of chemotherapeutic agents is not covered when used for the purpose of maintaining non-covered dental procedures or implants.

Refer also to general exclusions.

Endodontics

Covered Endodontic Benefits

- Procedures for pulpal and root canal treatment
- Services covered include pulp exposure treatment, pulpotomy and apicoectomy
- General anesthesia/intravenous sedation.

Limitations

- Root canal treatment on the same tooth is covered only once in a two-year period
- General anesthesia/intravenous sedation is covered only when administered by a licensed dentist or other WDS/Delta Dental-approved licensed professional who meets the educational, credentialing and privileging

guidelines established by the Dental Quality Assurance Commission of the state of Washington in conjunction with certain covered endodontic surgery procedures, as determined by WDS/Delta Dental

- Refer to Class III Limitations if the root canals are placed in conjunction with a prosthetic appliance.

Exclusions

- Bleaching of teeth.

Refer also to general exclusions.

Covered General Anesthesia Benefits

- General anesthesia, when medically necessary, for children through age six, or a physically or developmentally disabled person, when in conjunction with Class I, II and III covered dental procedures.

Limitations

- General anesthesia is covered only when administered by a licensed dentist or other WDS/Delta Dental-approved licensed professional who meets the educational, credentialing and privileging guidelines established by the Dental Quality Assurance Commission of the state of Washington, when medically necessary, for children through age six, or for a physically or developmentally disabled person, when in conjunction with covered dental procedures.

Refer also to general exclusions.

Class III Services

Restorative

Covered Restorative Benefits

- Crowns, inlays (only when used as an abutment for a fixed bridge), onlays (whether they are gold, porcelain, WDS/Delta Dental-approved gold substitute castings [except processed resin] or combinations thereof) for treatment of carious lesions (visible destruction of hard tooth structure resulting from the process of dental decay) or fracture resulting in significant loss of tooth structure (missing cusp), when teeth cannot reasonably be restored with filling materials such as amalgam or filled resins
- Crown buildups, subject to limitations and exclusions.

Limitations

- Crowns or onlays on the same teeth are covered once in a five-year period. Inlays are a covered benefit on the same teeth once in a five-year period only when used as an abutment for a fixed bridge. If a tooth can be restored with a filling material such as amalgam or filled resin, an allowance will be made for such a procedure toward the cost of any other type of restoration that may be provided. WDS/Delta Dental will allow the appropriate amount

for an amalgam or composite restoration toward the cost of processed filled resin or processed composite restorations

- Crown buildups are a covered benefit when more than 50% of the natural tooth structure is missing or there is less than 2mm of circumferential tooth structure remaining around the gingival portion
- Crown buildups are not a covered benefit within two years of a restoration on the same tooth.

Exclusions

- A crown used as an abutment to a partial denture for purposes of re-contouring, repositioning or to provide additional retention is not covered unless the tooth is decayed to the extent that a crown would be required to restore the tooth whether or not a partial denture is required
- Crowns used to repair micro-fractures of tooth structure when the tooth is asymptomatic (displays no symptoms) or existing restorations with defective margins when no pathology exists
- Crowns and/or onlays placed because of weakened cusps or existing large restorations without overt pathology
- Crown buildups for the purpose of improving tooth form, filling in undercuts or reducing bulk in castings are considered basing materials and are not a covered benefit.

Refer also to general exclusions.

Prosthodontics

Covered Prosthodontic Benefits

- Dentures, fixed bridges, removable partial dentures and the adjustment of an existing prosthetic device
- Surgical placement or removal of implants or attachments to implants.

Limitations

- Replacement of an existing prosthetic device is covered only once every five years and only then if it is unserviceable and cannot be made serviceable
- Replacement of implants and superstructures is covered only after five years have elapsed from any prior provision of the implant
- **Full, immediate and overdentures** — WDS/Delta Dental will allow the appropriate amount for a full, immediate or overdenture toward the cost of any other procedure that may be provided, such as personalized restorations or specialized treatment (adding a special filling on a denture to make it look more like your natural tooth). You will be responsible for any amount above the preapproved fee
- **Temporary/interim dentures** — WDS/Delta Dental will allow the amount of a reline toward the cost of an interim partial or full denture. After placement of the permanent prosthesis, an initial reline will be a benefit after six months

- Root canal treatment performed in conjunction with overdentures is limited to two teeth per arch and is paid at the Class III payment level
- **Partial dentures** — If a more elaborate or precision device is used to restore the case, WDS/Delta Dental will allow the cost of a cast chrome and acrylic partial denture toward the cost of any other procedure that may be provided
- **Denture adjustments and relines** — Denture adjustments and relines done more than six months after the initial placement are covered. Subsequent relines or jump rebases (but not both) will be covered once in a 12-month period.

Exclusions

- Duplicate dentures
- Personalized dentures
- Cleaning of prosthetic appliances
- Crowns and copings in conjunction with overdentures.

Accidental Injury

WDS/Delta Dental will pay 100% of covered dental benefit expenses arising as a direct result of an accidental bodily injury. However, payment for accidental injury claims will not exceed the unused program maximum. The accidental bodily injury must have occurred while the patient was eligible. A bodily injury does not include teeth broken or damaged during the act of chewing or biting on foreign objects. Coverage includes necessary procedures for dental diagnosis and treatment rendered within 180 days following the date of the accident.

Orthodontic Benefits for Eligible Children

You may choose any licensed orthodontist. There is no network of providers for orthodontic benefits.

Orthodontic treatment is defined as the necessary procedures of treatment, performed by a licensed dentist, involving surgical or appliance therapy for movement of teeth and post-treatment retention.

Only dependent children are eligible for orthodontic benefits and orthodontic treatment must start prior to the date they reach their 19th birthday. In addition, orthodontia services for dependent children may be continued after age 18 only if the dependent is a full-time student, and only to complete treatment begun before age 19.

The lifetime maximum amount payable by WDS/Delta Dental for orthodontic benefits for an eligible child is \$1,800. WDS/Delta Dental will pay a constant 70% of the fees actually charged for orthodontic benefits up to this lifetime orthodontia maximum.

Payments of WDS's responsibility will be made on a monthly basis, if the employee is eligible and the dependent is in compliance with the age limitation. It is strongly suggested that orthodontic treatment be submitted to, and authorized by, WDS prior to commencement of treatment.

Covered Orthodontia Benefits for Children Through the Age of 18

- Treatment of malalignment of teeth and/or jaws.

Limitations

Payment is limited to:

- Completion, through age 18, or through age 25 if full-time student and treatment begun before age 19, whichever occurs first
- Termination of the treatment plan prior to completion of the case
- Termination of the contract.

Exclusions

- Charges for replacement or repair of an appliance
- Orthognathic Surgery
- No benefits will be provided for services considered inappropriate and unnecessary, as determined by WDS/Delta Dental
- Orthodontics for adults age 19 and older regardless of the reason for the treatment unless a full-time student through age 25 and treatment begun before age 19.

Refer also to general exclusions.

Covered Services

The following schedule of covered dental benefits is subject to the limitations and exclusions contained in this booklet. These benefits are available only when services are performed by a WDS/Delta Dental member dentist or a non-member dentist that is an approved licensed professional when appropriate and necessary as determined by the standards of generally accepted dental practice and WDS/Delta Dental.

The amount shown in the Schedule of Dental Allowance is the maximum amount the plan will pay when you see a WDS/Delta Dental member dentist or a non-member dentist that is an approved licensed professional. You are responsible for the difference between the member dentists' pre-approved fees and the scheduled dental allowance. ***If you see a nonmember dentist, you will pay any additional amount charged that is above the WDS pre-approved fees for the services you receive in addition to the difference between the pre-approved fees and the scheduled dental allowance.***

Please note, some of the benefits described in this section may be available only under certain conditions of oral health. To find out whether or how much a specific treatment will be covered, you are strongly encouraged to have your dentist submit a predetermination of benefits to determine what will be covered.

Abbreviated Schedule of Dental Allowance

Class I Services

ADA Procedure code	Procedure	Plan pays
Exams		
00120	Periodic oral evaluation	\$21
00140	Limited Oral Evaluation — problem focused	\$32
00180	Comprehensive Periodontal Evaluation	\$32
X-rays		
00210	Intraoral — complete series (including bitewings)	\$59
00220	Intraoral — periapical first film	\$10
00230	Intraoral — periapical each additional film	\$8
00272	Bitewings — Two Films	\$17
00274	Bitewings — Four Films	\$24
00277	Vertical Bitewings — Seven to Eight Films	\$57
00330	Panoramic film	\$47
Cleanings, fluorides, sealants		
01110	Prophylaxis — Adult	\$46
01120	Prophylaxis — Child	\$32
01201	Topical application of fluoride (including prophylaxis) — child	\$44
01203	Topical application of fluoride — child	\$18
01204	Topical application. of fluoride — adult	\$0
01351	Sealant — per tooth	\$21
04910	Periodontal Maintenance	\$61
Miscellaneous procedures		
09110	Palliative (Emergency) Treatment of dental pain — minor proc	\$51
09310	Consultation (by doctor other than doctor providing treatment)	\$64
09430	Office Visit for observation — regular hours — no service performed	\$42
Restorations/fillings		
02110	Amalgam One Surface Primary	\$35
02120	Amalgam Two Surface Primary	\$50
02130	Amalgam Three Surface Primary	\$62
02131	Amalgam Four Surface Primary	\$148
02140	Amalgam — 1 surface, permanent	\$42
02150	Amalgam — 2 surfaces, permanent	\$60

Class II Services

Class II Services

ADA Procedure code	Procedure	Plan pays
02160	Amalgam — 3 surfaces, permanent	\$72
02161	Amalgam — 4 or more surfaces, permanent	\$90
02330	Resin-based Composite — 1 surface anterior	\$53
02331	Resin-based Composite — 2 surfaces anterior	\$69
02332	Resin-based Composite — 3 surfaces anterior	\$94
02335	Resin Composite — 4 or more surfaces or incisal angl	\$103
02336	Resin-based Composite Crown, anterior — primary	\$143
02337	Resin-based Composite Crown, anterior — permanent	\$211
02380	Resin-based composite — 1 surface, post. primary	\$53
02381	Resin-based composite — 2 surfaces, post. primary	\$69
02382	Resin-based composite — 3 surfaces, post. primary	\$94
02391	Resin One Surface Permanent	\$53
02392	Resin Two Surface Permanent	\$69
02393	Resin Three Surface Permanent	\$95
02394	Resin Four of More Surface Permanent	\$221
Other restorative procedures		
02910	Recement Inlay	\$44
02920	Recement Crown	\$31
02930	Prefabricated stainless steel crown — primary tooth	\$58
02931	Prefabricated stainless steel crown — permanent tooth	\$61
02940	Sedative Filling	\$32
02950	Core buildup, including any pins	\$92
02951	Pin Retention — per tooth, in add. to restoration	\$0
02960	Labial Veneer (resin laminate) — chairside	\$219
Endodontic procedures		
03110	Pulp Cap — Direct (excluding final restoration)	\$24
03220	Therapeutic Pulpotomy (excluding final restoration)	\$58
03310	Root Canal — anterior (excluding final restoration)	\$241
03320	Root Canal — bicuspid (excluding final restoration)	\$315
03330	Root Canal — molar (excluding final restoration)	\$395
Periodontal procedures		
04210	Gingivectomy or gingivoplasty — per quad	\$230
04211	Gingivectomy or gingivoplasty — per tooth	\$62
04240	Gingival Flap Proc — per quad	\$283
04260	Osseous Surgery — per quad	\$502
04270	Pedicle Soft Tissue Graft Procedure	\$297

Class II Services

ADA Procedure code	Procedure	Plan pays
04271	Free Soft Tissue Graft	\$307
04341	Perio scaling/root planing — per quad	\$77
Extraction and other surgical procedures		
07111	Extraction — Single Tooth	\$47
07120	Extraction — Each Additional Tooth	\$42
07130	Root Removal — Exposed Roots	\$53
07210	Surgical Removal of Erupted Tooth	\$101
07220	Removal of impacted tooth — soft tissue	\$111
07230	Removal of impacted tooth — partially bony	\$155
07240	Removal of impacted tooth — completely bony	\$188
07241	Removal of impacted tooth — complete bony with comp	\$189
07250	Surgical Removal of Residual Tooth Roots	\$113
07280	Surgical access of an unerupted tooth	\$255
07282	Mobilization of erupted or malpositioned tooth/aid eruption	\$244
07285	Biopsy of oral tissue — hard (bone, tooth)	\$138
07286	Biopsy of oral tissue — soft (all others)	\$138
07310	Alveoplasty in conjunction with extractions — per quad	\$106
07510	Incision/Drain of Abscess — Intraoral soft tissue	\$58
07960	Frenulectomy — separate procedure	\$159
Miscellaneous procedures		
06930	Recement Fixed Partial Denture	\$34
09220	Deep sedation/General Anesthesia — 1st 30 minutes	\$173
09221	Deep sedation/Gen Anesthesia — each additional 15 minutes	\$99
09241	Intravenous Conscious Sedation/analgesia — 1st 30 minutes	\$231
09242	Intravenous Conscious Sedation/analgesia — each additional 15 minutes	\$97
09940	Occlusal Guard, By Report	\$337
09951	Occlusal Adjustment — limited	\$64
Onlays and crowns		
02542	Onlay — metallic — 2 surfaces	\$418
02543	Onlay — metallic — 3 surfaces	\$438
02544	Onlay — metallic — 4 or more surfaces	\$455
02740	Crown — porcelain/ceramic substrate	\$260
02750	Crown — porcelain fused to high noble metal	\$254

Class III Services

Class III Services

ADA Procedure code	Procedure	Plan pays
02751	Crown — porcelain fused to predominant base metal	\$246
02752	Crown — porcelain fused to noble metal	\$251
02780	Crown — ¾ cast high noble metal	\$405
02790	Crown — full cast high noble metal	\$249
02791	Crown — full cast predominantly base metal	\$239
02792	Crown — full cast noble metal	\$242
Complete dentures		
05110	Complete denture — maxillary	\$380
05120	Complete denture — mandibular	\$359
05130	Immediate denture — maxillary	\$392
05140	Immediate denture — mandibular	\$392
Partial dentures		
05213	Maxillary partial denture-cast frame with resin base	\$373
05214	Mandibular partial denture-cast frame with resin base	\$380
Repair to dentures and other procedures		
05410	Adjust complete denture — maxillary	\$26
05411	Adjust complete denture — mandibular	\$26
05421	Adjust partial denture — maxillary	\$25
05422	Adjust partial denture — mandibular	\$25
05510	Repair broken complete denture base	\$38
05520	Replace missing or broken tooth — complete denture	\$34
05710	Rebase complete maxillary denture	\$123
05730	Reline complete maxillary denture (chairside)	\$67
05731	Reline complete mandibular denture (chairside)	\$67
05740	Reline maxillary partial denture (chairside)	\$67
05741	Reline mandibular partial denture (chairside)	\$67
05750	Reline complete maxillary denture (laboratory)	\$115
05751	Reline complete mandibular denture (laboratory)	\$115
05760	Reline maxillary partial denture (laboratory)	\$115
05761	Reline mandibular partial denture (laboratory)	\$115
05850	Tissue Conditioning, maxillary	\$56
05851	Tissue Conditioning, mandibular	\$56
Implant procedures		
06010	Surgical placement of implant body, endosteal implant	\$675
06055	Dental implant supported connecting bar	\$262

Class III Services

ADA Procedure code	Procedure	Plan pays
Fixed bridge procedures		
06210	Pontic — Cast High Noble Metal	\$254
06211	Pontic — Cast Predominantly Base Metal	\$254
06212	Pontic — Cast Noble Metal	\$254
06240	Pontic — Porcelain Fused to High Noble Metal	\$254
06241	Pontic — Porcelain Fused to Predominantly Base Metal	\$240
06242	Pontic — Porcelain Fused to Noble Metal	\$242
06245	Pontic — Porcelain/Ceramic	\$410
06750	Crown — Porcelain fused to High Noble Metal	\$254
06751	Crown — Porcelain fused to Predominantly Base Metal	\$242
06752	Crown — Porcelain fused to Noble Metal	\$242
06780	Crown — Cast High Noble Metal	\$255
06790	Crown — Full Cast High Noble Metal	\$254
06791	Crown — Full Cast Predominantly Base Metal	\$254
06792	Crown — Full Cast Noble Metal	\$254

General Exclusions

Dental benefits are not payable for any of the following listed items. These limitations and exclusions are in addition to the exclusions listed in Class I, II and III Services on pages 24 to 31.

1. Services for injuries or conditions that are compensable under Worker's Compensation or Employers' Liability laws, and services that are provided to the eligible person by any federal or state or provincial government agency or provided without cost to the eligible person by any municipality, county, or other political subdivision, other than medical assistance in this state, under medical assistance RCW 74.09.500, or any other state, under 42 U.S.C., Section 1396a, section 1902 of the Social Security Act
2. Dentistry for cosmetic reasons
3. Treatment of temporomandibular joint dysfunction (TMJ)
4. Restorations or appliances necessary to correct vertical dimension or to restore the occlusion. Such procedures include restoration of tooth structure lost from attrition, abrasion or erosion and restorations for malalignment of teeth
5. Application of desensitizing agents

6. Experimental services or supplies. Experimental services or supplies are those whose use and acceptance as a course of dental treatment for a specific condition is still under investigation/observation. In determining whether services are experimental, WDS/Delta Dental, in conjunction with the American Dental Association, will consider if:
 - (a) The services are in general use in the dental community in the state of Washington;
 - (b) The services are under continued scientific testing and research;
 - (c) The services show a demonstrable benefit for a particular dental condition; and
 - (d) They are proven to be safe and effective. Any individual whose claim is denied due to this experimental exclusion clause will be notified of the denial within 20 working days of receipt of a fully documented request

Any denial of benefits by WDS/Delta Dental on the grounds that a given procedure is deemed experimental, may be appealed to WDS/Delta Dental. By law, WDS/Delta Dental must respond to such appeal within 20 working days after receipt of all documentation reasonably required to make a decision. The 20-day period may be extended only with written consent of the covered individual.

General anesthesia/intravenous (deep) sedation, except as specified by WDS/Delta Dental for certain oral, periodontal, or endodontic surgical procedures. General anesthesia except when medically necessary, for children through age six, or for a physically or developmentally disabled person, when in conjunction with covered dental procedures

7. Analgesics such as nitrous oxide, conscious sedation, euphoric drugs, injections or prescription drugs
8. In the event an eligible participant fails to obtain a required examination from a WDS/Delta Dental-appointed consultant dentist for certain treatments, no benefits will be provided for that treatment
9. Hospitalization charges and any additional fees charged by the dentist for hospital treatment
10. Broken appointments
11. Patient management problems
12. Completing insurance forms
13. Habit-breaking appliances

14. This program does not provide benefits for services or supplies to the extent that benefits are payable for them under any motor vehicle medical, motor vehicle no-fault, uninsured motorist, underinsured motorist, personal injury protection (PIP), commercial liability, homeowner's policy, or other similar type of coverage
15. All other services not specifically included in this program as covered dental benefits.

WDS/Delta Dental has the discretionary authority to determine whether services are covered benefits in accordance with the general limitations and exclusions shown in this Summary Plan Description, but it shall not exercise this authority arbitrarily or capriciously or in violation of the provisions of the contract.

Dental Plan Definitions

Alveolar — Pertaining to the ridge, crest or process of bone that projects from the upper and lower jaw and supports the roots of the teeth.

Amalgam — A mostly silver filling often used to restore decayed teeth.

Bitewing X-ray — An X-ray picture that shows, simultaneously, the portions of the upper and lower back teeth that extend above the gumline, as well as a portion of the roots and supporting structures of these teeth.

Bridge — A replacement for a missing tooth or teeth. The bridge consists of the artificial tooth (pontic) and attachments to the adjoining abutment teeth (retainers). Bridges are cemented (fixed) in place and therefore are not removable.

Caries — Decay. A disease process initiated by bacterially produced acids on the tooth surface.

Caries Susceptibility Test — A test done to determine how likely someone is to develop tooth decay. The test is usually done by measuring the concentration of certain bacteria in the mouth.

Composite — A tooth colored filling, made of a combination of materials, used to restore teeth.

Crown — A restoration that replaces the entire surface of the visible portion of tooth.

Denture — A removable prosthesis that replaces missing teeth. A complete (or "full") denture replaces all of the upper or lower teeth. A partial denture replaces one to several missing upper or lower teeth.

Endodontics — The diagnosis and treatment of dental diseases, including root canal treatment, affecting dental nerves and blood vessels.

Exclusions — Dental services not provided under a dental insurance plan.

Filed Fees — Approved fees that participating Washington Dental Service member dentists have agreed to accept as the total fees for the specific services performed.

Filled Resin — Tooth colored plastic materials that contain varying amounts of special glass-like particles that add strength and wear resistance.

Fluoride — A chemical agent used to strengthen teeth to prevent cavities.

Fluoride Varnish — A fluoride treatment contained in a varnish base that is applied to the teeth to reduce acid damage from the bacteria that causes tooth decay. It remains on the teeth longer than regular fluoride and is typically more effective than other fluoride delivery systems.

General Anesthesia — A drug or gas that produces unconsciousness and insensibility to pain.

Implant — A device specifically designed to be placed surgically within the jawbone as a means of providing an anchor for an artificial tooth or denture.

Inlay — A dental filling shaped to the form of a cavity and then inserted and secured with cement.

Intravenous (I.V.) Sedation — A form of sedation where the patient experiences a lowered level of consciousness but is still awake and can respond.

Limitations — Restricting conditions, such as age, period of time covered and waiting periods, under which a group or individual is insured.

Localized delivery of chemotherapeutic agents — treating isolated areas of advanced gum disease by placing antibiotics or other germ-killing drugs into the gum pocket. This therapy is viewed as an alternative to gum surgery when conditions are favorable.

Maximum Allowable Fees — The maximum dollar amount that will be allowed toward the reimbursement for any service provided for a covered dental benefit.

Nightguard — A removable dental appliance — sometimes called an occlusal guard — that is designed to minimize the effects of gnashing or grinding of the teeth (bruxism). A nightguard is typically used at night.

Occlusal Adjustment — Modification of the occluding surfaces of opposing teeth to develop harmonious relationships between the teeth themselves and neuromuscular mechanism, the temporomandibular joints and the structure supporting the teeth.

Occlusal Guard — See “Nightguard.”

Onlay — A restoration of the contact surface of the tooth that covers the entire surface.

Orthodontics — Diagnosis, prevention and treatment of irregularities in tooth and jaw alignment and function, frequently involving braces.

Overdenture — A removable denture constructed over existing natural teeth or implanted studs.

Panorex X-ray — An X-ray, taken from outside the mouth, that shows the upper and lower teeth and the associated structures in a single picture.

Periodontics — The diagnosis, prevention and treatment of diseases of gums and the bone that supports teeth.

Prophylaxis — Cleaning and polishing of teeth.

Prosthodontics — The replacement of missing teeth by artificial means such as bridges and dentures.

Restorative — Replacing portions of lost or diseased tooth structure with a filling or crown to restore proper dental function.

Root Planning — A procedure done to smooth roughened root surfaces.

Sealants — A material applied to teeth to seal surface irregularities and prevent tooth decay.

Temporomandibular Joints (TMJ) — The joint just ahead of the ear, upon which the lower jaw swings open and shut, and can also slide forward.

Plan Administration



PLAN ADMINISTRATION

About the Privacy of Your Health Information

As part of the normal process of administering its health care plans, the Trust, the Plan Sponsor (which is the Board of Trustees), and its health care claims administrators may receive personal health information about you and your covered dependents. Effective April 14, 2003, the use and disclosure of certain types of health information (called protected health information) will be governed by the Health Insurance Portability and Accountability Act of 1996 (HIPAA), a federal law that governs the privacy of individuals' protected health information.

The Plan Sponsor and the Trust group health care plans (the dental health plans described in this booklet) are subject to HIPAA's privacy requirements beginning on April 14, 2003, and HIPAA's privacy protections apply to them.

Participants will receive a copy of the Trust's HIPAA privacy notice separately.

Coordination With Other Dental Benefits

Coordination of Benefits or COB refers to how the Plan coordinates benefits when you or your dependents have dental coverage under more than one plan.

Benefits otherwise payable under this Plan for allowable expenses during a claim determination period may be reduced if:

- Benefits are payable under any other plan for the same allowable expenses
- Under the rules listed below, benefits payable under the other plan are to be determined before benefits payable under this Plan.

The reduction will be the amount needed to ensure that the sum of payments under this Plan plus benefits under the other plan is not more than the total of allowable expenses. Each benefit that would be payable without this section will be reduced proportionately. The total amount paid will be charged against any applicable benefit limit of this Plan.

For this purpose, benefits payable under other plans will include those that would have been paid if claims had been made for them.

Under this Plan's COB rules, when this Plan is secondary and its payment is reduced because of the primary plan's benefits, a record is kept of the reduction. The amount will be used to increase this Plan's payments on the patient's later claims in the same calendar year — to the extent there are allowable expenses that would not otherwise be fully paid by this Plan and other plan(s). This provision applies only to the Trust's medical benefits.

Order of Benefit Determination

The benefits payable by a plan that doesn't have a COB provision will be determined before those of a plan that does have a COB provision. In all other instances, the order of determination will be:

1. **Employee/Dependent.** The benefits of a plan that covers the person as an employee participant are determined before those of a plan that covers the person as a dependent participant.

If you are covered under a Trust Dental Plan as both the employee and a dependent (for example, if your spouse also has Trust coverage as an employee and covers you as an eligible dependent), the Trust Plan will be both primary and secondary.

2. **Dependent Child — Parents Not Separated or Divorced.** When this Plan and another plan cover the same child as a dependent of parents who are not separated or divorced, benefits of the plan of the parent whose birthday falls earlier in a calendar year are determined before those of the plan of the parent whose birthday falls later in that year. If both parents have the same birthday, the benefits of the plan that covered the parent longer are determined before those of the plan that covered the other parent for a shorter time.

3. **Dependent Child — Parents Separated or Divorced.** If two or more plans cover a dependent child of divorced or separated parents, benefits for the child are determined in this order:
 - First, the plan of the parent with custody of the child
 - Then, the plan of the spouse of the parent with custody of the child
 - Finally, the plan of the parent not having custody of the child.

However, if the specific terms of a court decree state that one of the parents is responsible for the child's health care expenses, and the entity obligated to pay or provide benefits for the plan of that parent has knowledge of those terms, the benefits of that plan are determined first. (This doesn't apply to any claim determination period or plan year when any benefits are actually paid or provided before the entity has that knowledge.)

4. **Active/Inactive Employee.** The benefits of a plan that covers a person as an employee who is neither laid off nor retired, or as that employee's dependent, are determined before the benefits of a plan that covers that person as a laid-off or retired employee or as that employee's dependent. If the other plan doesn't have this rule, and if, as a result, the plans disagree on the order of benefits, this rule will not apply.
5. **Longer/Shorter Length of Coverage.** If none of the above rules determines the order of benefits, the benefits of the plan that has covered a person longer are determined before those of a plan that has covered the person for a shorter time. It does not apply to prescription drug, mental health or chemical dependency benefits.

Subrogation (Third-Party Reimbursement)

If you or your dependents incur any dental expense resulting from injury or sickness for which there is right of recovery against a third party (including workers compensation claims), Trust benefits will be paid on the condition the Trust will be reimbursed from any amount you or your dependents receive in settlement or judgment. You or your dependents also must give the Trust (through its Plan Benefits Administrator) the name and address of the responsible third party and, if requested, execute a Trust Subrogation Agreement agreeing to reimburse the Trust. The Trust may withhold benefit payment if you are requested to execute a Trust Subrogation Agreement and do not comply.

As security for the Trust's right to this reimbursement, the Trust will be subrogated to all rights of recovery against the third party to the extent of any benefits the Trust paid. You or your dependents must do whatever is necessary to fully secure and protect, and nothing to prejudice, the Trust's rights to this subrogation.

Recovery of Unauthorized Benefit Payments

The Trust provides benefits only under the written terms of this Plan. If the Trust has mistakenly made benefit payments to or for an ineligible person, or payments exceeding those authorized by this Plan — or if you or a dependent fails to reimburse benefits advanced under an agreement to reimburse — the individual profiting from the benefit is obligated, upon notice from the Trust, to reimburse the overpayment. Otherwise, the Trust is entitled to bring legal action to recover the overpayment. The court may award the Trust reasonable attorney fees and court costs in addition to the overpayment amount.

The Trust also has the right to deduct the overpayment amount from any future benefits to the individual or others claiming eligibility through the same individual.

Use of Medical and Dental Consultants

The Board of Trustees has authorized the Plan Benefits Administrator to refer claims for dental benefits to outside doctors, dentists or other professionals for review and advice. In determining the issues presented, these consultants may rely on their own expertise and on professional standards, procedures and protocols.

Any claim denial that incorporates or is based on medical or dental consulting advice may, as any other claim denial, be reviewed in accordance with the Trust's appeals process (see page 45).

Interpretation of the Plan

Administration and interpretation of eligibility for coverage in this Plan is vested wholly and exclusively in the Trustees, who have sole discretion and entire authority to determine eligibility for benefits. The Trustees have contracted with WDS/Delta Dental and have delegated to WDS/Delta Dental the sole discretion and entire authority to interpret and apply the provisions of this Plan, their own motions, resolutions, administrative rules and regulations. Any benefit determination the Trustees or WDS/Delta Dental make in good faith will be conclusive and binding on the unions, employers, employees and beneficiaries under the benefit plans and the Trust Fund.

Claim Review and Appeal Procedures

The Washington Teamsters Welfare Trust plans have adopted specific procedures and timeframes, required by law, to evaluate and process claims for benefits, as well as appeals of denied claims. The timeframes and rules for making decisions on claims and appeals vary, depending on the type of claim and the benefit plan involved. This section provides information about the specific timelines and information requirements that apply to your claims and appeals filings and the claim administrator's claims and appeals determinations. The claim administrator, unless otherwise specified, is WDS/Delta Dental.

If your claim for benefits is wholly or partially denied, you or your duly authorized representative may submit a written request for a review of the claim by the Washington Teamsters Welfare Trust Appeals Committee (Appeals Committee). The request for review must be submitted to the claims administrator within the timeframe applicable for that benefit plan and type of claim, as described in the following pages.

The length of time the claim administrator has to evaluate and process your claim generally begins on the date the claim is received. The claim administrator will consider the claim and notify you of an adverse decision on the claim, in writing, within the appropriate timeframes described on page 47, unless the claim administrator determines that special circumstances require an extension of time to process the claim. If such an extension is necessary under any of the plans, the claim administrator will notify you of any such extension, the reasons for it, and the date by which the claim administrator expects to render the decision, within the original decision timeframe.

Washington Dental Service (WDS/Delta Dental) is the claim administrator for all dental plans.

If you believe that you are entitled to a benefit under one of the Washington Teamsters Welfare Trust plans, or that you are entitled to a greater benefit than the amount you received, then you, your beneficiary (if applicable) or your authorized representative may file a written claim with the appropriate claim administrator listed above.

The claim review and appeal procedures apply to these types of claims:

<p>Urgent Health Care Claim (before health care treatment)</p>	<p>A claim or pre-approval request for a dental benefit where treatment delay could seriously jeopardize life, health, the ability to regain maximum function or, in the opinion of a physician who knows the medical condition, would subject the patient to severe pain that cannot be adequately managed without care or treatment that is the subject of the claim.</p>
<p>Pre-Service Health Care Claim (before health care treatment)</p>	<p>Any claim or pre-approval request for a dental benefit, where receipt of benefit is conditioned, in whole or in part, based on advance approval.</p>
<p>Concurrent Health Care Claim (changes in health care treatment)</p>	<p>Any claim involving the reduction or termination of an ongoing course of treatment before the end of that course of treatment if the treatment was previously authorized by the Plan, or a request to extend treatment beyond the authorized time or number of treatments.</p>
<p>Post-Service Health Care Claim (after health care treatment)</p>	<p>Any claim for a dental benefit that is not a pre-service claim.</p>

Dental Claim Procedures

Timeframe for Initial Claim Decisions

The timeframe for initial claim decisions for dental plans depends on the type of claim filed:

Type of Claim	Timeframe for Notice of Claim Decision	Extensions*
Urgent care	The claim administrator will provide notice of claim approval or denial as soon as possible, taking into account the seriousness of your condition, but no longer than 72 hours; notice of denial may be by phone with written or electronic confirmation to follow within three days	If additional information is needed to complete your claim, you'll be notified within 24 hours
Pre-service	The claim administrator will provide notice of a claim approval or denial within 15 days	Up to 15 days, provided you are notified within the original 15-day period
Concurrent care	<p>If an ongoing course of treatment that was previously approved by the Plan will be reduced or terminated, the claim administrator will notify you sufficiently in advance to give you an opportunity to appeal and obtain a decision on appeal before the reduction or termination takes effect.</p> <p>For any request to extend ongoing treatment in an urgent care situation, you'll be notified within 24 hours, provided your request is made at least 24 hours before the end of the approved treatment.</p> <p>For any request to extend ongoing treatment in a non-urgent care situation, your request will be considered a new claim and decided according to post-service or pre-service timeframes, whichever applies.</p>	
Post-service	The claim administrator will provide notice of a claim approval or denial within 30 days	Up to 15 days, provided you are notified of the extension within the original 30-day period

**If more time is needed to process claims due to circumstances beyond the claim administrator's control.*

Insufficient Health Care Claims

Please note that the claims review and appeals procedures include rules that specify what happens if you file certain insufficient or incomplete claims.

Improperly Filed Pre-Service Claims

If your pre-service claim was filed improperly, you will be notified within five days after a pre-service claim is received (or within 24 hours in an urgent care case). Notice of an improperly filed pre-service claim may be provided by phone, or in writing upon request. The notice will identify the proper procedures to be followed in filing the claim.

To receive notice of an improperly filed pre-service claim, you or your authorized representative must have provided a communication regarding the claim to the claim administrator. This communication must include:

- Your name
- A specific medical condition or symptom
- Request for approval for a specific treatment, service or product.

Incomplete Pre- and Post-Service Claims

If more information is required to process your pre- or post-service health care claim, you'll be notified within the original 15-day period for pre-service claims, and within the original 30-day period for post-service claims. If you are notified of the need to provide additional information for a pre- or post-service claim, you will have at least 45 days to supply this information. If you supply the requested information within the 45 days and your claim is denied, the claim administrator will notify you of the denial within 15 days after the requested information is received. If you do not supply the requested information within 45 days, your claim may be denied.

Incomplete Urgent Care Claims

If more information is needed to process a properly filed urgent care claim, you'll be notified as soon as possible, but no later than 24 hours after your claim is received. This notice will include the specific information necessary to complete the claim. Once you are notified of the need to provide more information, you'll have a reasonable amount of time — considering the circumstances, but not less than 48 hours — to submit the requested information. You'll receive notice of the claim decision as soon as possible, but no later than 48 hours after whichever occurs earlier:

- The claim administrator receives the information, or
- The additional period given for providing the information ends.

Notice of Initial Claim Denial

If the claim administrator denies the claim, you'll receive written or electronic notice containing:

- Specific reasons for the denial
- References to specific plan provisions on which the denial is based
- List of any additional material or information necessary for you to perfect the claim and an explanation of why it's necessary
- Description of the plan's claim appeal procedure (and applicable time limits), including a statement of your right to bring a civil action under ERISA Section 502(a) if your appeal is denied
- Certain other information in accordance with applicable U.S. Department of Labor regulations.

Claim Appeal Procedures

You can use these appeal procedures, if, in response to your claim, you received:

- No reply after the initial decision period, as listed above
- Notice of an extension to the initial decision period, as listed above, then no reply before the end of an extension
- A denial from the claim administrator.

If the claim is denied, in whole or in part, or if you believe plan benefits have not been properly provided, you, your beneficiary (if applicable), or your authorized representative may appeal the denial. The claim administrator will provide details about your right to appeal, along with the appeals process, address for filing an appeal, and timeframes. If you don't appeal within the designated timeframes, you may lose your right to later file suit in court.

To appeal a claim denial, you must file a written request for appeal pursuant to the procedure provided by the claim administrator within a certain period after receiving the claim denial, as described herein. The appeal must set forth all the grounds on which it is based, all the facts in support of the request, and other matters which you deem pertinent. Plan provisions require that you pursue the claim and appeal rights described here before seeking other legal recourse.

During the appeal, you will receive, upon request and free of charge, reasonable access to and copies of all documents, records and other information relevant to your benefit claim. For this claim procedure, a document, record or other information is considered relevant to a claim if it:

- Was relied on by the claim administrator in making the initial claim decision
- Was submitted, considered or generated in the course of deciding the claim, without regard to whether the document, record or other information was relied upon by the claim administrator in reaching the claim decision

- Demonstrates compliance with the administrative processes and safeguards required under Department of Labor regulations in making the benefit determination.

You may submit any written comments, documents, records or other information relating to your claim. In making its determination on health care claim appeals, the Appeals Committee of the Washington Teamsters Welfare Trust will take into account all the comments, documents, records and other information you submitted relating to the claim, without regard to whether they were submitted or considered by the claim administrator in making the initial claim decision.

The Appeals Committee will conduct a review and make a final decision within a certain period after receiving your written request for review, as described below and on page 47. For certain plans, if the Appeals Committee needs more than this initial period to make a decision due to special circumstances, it will notify you in writing within the initial decision timeframe and explain why more time is required and the date the plan expects to make a decision.

The Appeals Committee will review your denied claim. You or your authorized representative has the right to present relevant information or testimony at the quarterly Appeals Committee meeting scheduled to hear your appeal. You will be notified of the meeting time and date, however a personal appearance is not required. The appeal review will not be conducted by the individual who denied the initial claim or that person's subordinate. The Appeals Committee will not give deference to the original decision on your claim; that is, they will take a fresh look and make an independent decision about the claim within the timeframes.

If your claim was denied based on a medical judgment, the Appeals Committee will consult with a health care professional who has appropriate training and experience in the field of medicine involved in your claim. The health care professional will not be the same person as the one consulted on the initial decision (or a subordinate of that person). A medical judgment includes whether a treatment, drug or other item is experimental, investigational or not medically necessary or appropriate. You also have the right to learn the identity of any medical or other experts who advised on your original claim decision, whether or not the Plan relied on their advice.

Timeframes for Filing and Determination of Health Care Appeals

You have 180 days from the date you receive notice of a health care claim denial to file your appeal. Appeal decision timeframes vary, depending on the type of health care claim filed:

- **Urgent care** — The Trust Administrative Office will provide notice of appeal decision as soon as possible, considering the medical situation, but no later than 72 hours after receiving your appeal, unless you do not provide sufficient information to determine whether, or to what extent, benefits are covered or payable under the plan (see page 48).
- **Pre-service** — The Trust Administrative Office will provide notice of appeal decision within 30 days of appeal.

Notice of Decisions on Appeal

- **Post-service** — The Trust Administrative Office will provide notice of appeal decision within five days after the next quarterly meeting of the Appeals Committee if the appeal is received at least 30 days before the meeting, otherwise the decision will be provided within five days after the second quarterly meeting that follows receipt of the appeal. If special circumstances require an extension of time for rendering a decision, the claim administrator will provide notice of the extension within the initial decision timeframe, and a decision will be rendered at the next quarterly meeting, with notice provided within five days after that meeting.

The decision on appeal will be in writing. If your appeal is denied, the notice will include:

- Reasons for the denial
- References to specific plan provisions on which the denial is based
- A statement of your right to access and receive copies, upon request and free of charge, of all documents and other information relevant to the claim for benefits
- A statement of your right to bring a civil action under ERISA Section 502(a)
- Certain other information in accordance with applicable U.S. Department of Labor regulations.

If the Appeals Committee does not respond within the applicable timeframe, you should generally consider the appeal denied. Contact the Trust Administrative Office if you have questions.

Administrative Details

The Employee Retirement Income Security Act of 1974 (ERISA) as amended, requires that certain information be furnished to Plan participants and beneficiaries:

Name of Plan

- This Plan is known as the Washington Teamsters Welfare Trust — Dental Plan C.

Name, Address and Telephone Number of Board of Trustees as Plan Sponsor

- This Plan is sponsored by a joint labor-management Board of Trustees:

Board of Trustees of the Washington Teamsters Welfare Trust
2323 Eastlake Avenue East
Seattle, Washington 98102
206-329-4900

You can obtain information on whether a particular employer or employee organization is a Plan sponsor (and, if so, their address) by writing to the Trustees. This information is also available to examine at the Trust Administrative Office. The Trustees may impose a reasonable charge for furnishing this information. You may want to inquire about the charge before requesting information.

Employer Identification Number and Plan Number

- The employer identification number assigned to the Board of Trustees by the Internal Revenue Service is EIN 91-6034673.
- The Plan number is 501.

Type of Plan

- This Plan is a welfare plan that provides dental benefits.

Type of Administration

This Plan's benefits are administered by the Board of Trustees with the assistance of this administrative organization:

Washington Dental Service
Customer Service Department
PO Box 75688
Seattle, Washington 98175-0688
206-522-2300
800-554-1907
www.DeltaDentalWA.com

This Plan's COBRA administration, participant enrollment, and other services are administered by the Board of Trustees with the assistance of this administrative organization:

Northwest Administrators, Inc.
2323 Eastlake Avenue East
Seattle, Washington 98102
206-329-4900

Name and Address of Agent for Service of Legal Process

Each member of the Board of Trustees is designated as an agent for accepting service of legal process on behalf of the Plan. The names and addresses of the Trustees are below.

Legal process can also be served on:

Northwest Administrators, Inc.
2323 Eastlake Avenue East
Seattle, Washington 98102

Names and Addresses of Board of Trustees

Employer Trustees	Employee Trustees
Al Baird Allied Employers, Inc. 4030 Lake Washington Boulevard NE Suite 201 Kirkland, Washington 98033-7870	Earl D. "Doug" Bush, Jr. Teamsters Local Union No. 589 632 Fifth Street, #4 Bremerton, Washington 98337
Jim Bryant United Parcel Service 4455 7 th Avenue S. Seattle, Washington 98108	Al Hobart Joint Council of Teamsters No. 28 553 John Street Seattle, Washington 98109
Jerry D'Ambrosio 11019 SE 60 th Street Bellevue, Washington 98006	Justin "Buck" Holliday Teamsters Local Union No. 690 1912 N. Division Spokane, Washington 99207
Frank Jorgensen Safeway Stores, Inc. PO Box 85001 Bellevue, Washington 98015-8501	Ed Jacobson Teamsters Local Union No. 252 217 E. Main Street Centralia, Washington 98531-4449
John H. Mack PO Box 80681 Seattle, Washington 98108	David Lovell Teamsters Local Union No. 117 220 S. 27 th Street Tacoma, Washington 98402-2799
H.L. "Buzz" Ravenscraft 6631 113 th Place SE Bellevue, Washington 98006-6429	John Parks Teamsters Local Union No. 760 1211 West Lincoln Avenue Yakima, Washington 98902
Dan White Washington Employers, Inc. 2940 Fairview Avenue E. PO Box 12068 Seattle, Washington 98102	Scott Sullivan Teamsters Local Union No. 174 553 John Street Seattle, Washington 98109
Randall Zeiler Allied Employers, Inc. 4030 Lake Washington Boulevard NE Suite 201 Kirkland, Washington 98033-7870	John A. Williams Teamsters Local Union No. 117 553 John Street Seattle, Washington 98109

Description of Collective Bargaining Agreements

This Plan is maintained under many collective bargaining agreements between various employers and labor organizations. You may obtain a copy of these collective bargaining agreements by writing to the Trust Administrative Office. This information is also available to examine at the Trust Administrative Office. The Trustees may impose a reasonable charge for furnishing the collective bargaining agreements. You may want to inquire about the charge before requesting a copy.

Eligibility and Benefits

Employees are entitled to participate in the Plan if they work under a collective bargaining agreement requiring contributions on their behalf and the employer makes those contributions to the Trust. The eligibility rules describing which employees and dependents are entitled to benefits begin on page 10. The benefits are described beginning on page 22.

Termination of Eligibility

An employee or dependent who is eligible for benefits may become ineligible as a result of one or more of the following circumstances:

- The employee's failure to work the required hours to maintain eligibility (or failure to make a self-payment, where authorized). See *When Coverage Ends* and *COBRA Self-Pay Option* on pages 11 and 18.
- The failure of the employee's employer to report the hours and remit contributions on the employee's behalf to the Trust Fund.
- An eligible dependent is no longer being a dependent as described on page 12 or attains a disqualifying age as shown on page 11.
- Termination of the governing collective bargaining agreement or the Trust.

Future of the Plan and Trust Fund

The Board of Trustees has authority to terminate the Trust Fund. The Trust Fund will also terminate when collective bargaining agreements and special agreements requiring the payment of contributions expire. In the event of termination, the Board of Trustees will:

- Use the Trust Fund to pay expenses incurred up to the date of termination and expenses incident to the termination.
- Distribute the balance, if any, of Trust Fund assets to carry out the purpose of the Trust.
- Upon termination, the Board of Trustees may transfer remaining Trust Fund assets to the Trustees of any fund established to provide substantially the same or greater benefits than this Plan. In no event will any of the funds revert to or be recoverable by any employee, employer or union.

Source of Contributions

This Plan is funded through employer contributions; the amount is specified in the collective bargaining agreements. Also, self-payments by employees are permitted as outlined in this Plan booklet. The amount of the total plan cost is changed from time to time by the Board of Trustees, including employer contributions alone or a combination of employer contributions and employee self-payments.

Entities Used for Accumulation of Assets and Payment of Benefits

Employer contributions are received and held in trust by the Board of Trustees pending the payment of benefits or premiums. The Trustees pay benefits directly from the Trust Fund.

Plan Year

This Plan is on a 12-month fiscal year basis beginning July 1 and ending the following June 30.

ERISA Rights and Protections

As a participant in the Trust, you are entitled to certain rights and protections under ERISA, which provides that all Plan participants be entitled to:

- Examine, without charge, at the Trust Administrative Office and at other specified locations, such as work sites and union halls, all documents governing the Plan, including insurance contracts and collective bargaining agreements, and a copy of the latest annual report (Form 5500 Series) filed by the Plan with the Department of Labor and available at the Public Disclosure room of the Employee Benefits Security Administration.
- Obtain, upon written request to the Trust Administrative Office, copies of documents governing Plan operation, including insurance contracts and collective bargaining agreements, and copies of the latest annual report (Form 5500 Series) and updated summary plan description. The Trust Administrative Office may make a reasonable charge for the copies.
- Receive a summary of the Plan's annual financial report. The Trust Administrative Office is required by law to furnish each participant with a copy of this summary annual report.
- Continue health care coverage for yourself, spouse or dependents if there is a loss of coverage under the Plan as a result of a qualifying event. You or your dependents may have to pay for such coverage. Review this summary plan description and the documents governing the Plan to learn the rules governing these COBRA continuation coverage rights.
- Reduce or eliminate exclusionary periods of coverage for preexisting conditions under your group health plan, if you have creditable coverage from another plan. You should receive a certificate of creditable coverage, free of charge, from your Plan or insurer when you lose coverage under the Plan, when you become entitled to elect COBRA continuation coverage and when your COBRA continuation coverage ceases, if you request it before losing coverage, or if you request it up to 24 months after losing coverage. Without evidence of creditable coverage, you may be subject to a preexisting condition exclusion for 12 months (18 months for late enrollees) after enrolling.

In addition to creating rights for plan participants, ERISA imposes duties upon the people who are responsible for operation of the Plan. The people who operate your Plan, called “fiduciaries,” have a duty to do so prudently and in the interest of you and other participants and beneficiaries. No one, including your employer, your union or any other person, may fire you or otherwise discriminate against you in any way to prevent you from obtaining a welfare benefit or exercising your rights under ERISA.

If your claim for a welfare benefit is denied or ignored, in whole or in part, you must receive a written explanation of the reason for the denial. You have the right to have the Plan review and reconsider your claim.

Under ERISA, there are steps you can take to enforce the above rights. For instance, if you request a copy of documents or the latest annual report for the Plan and do not receive them within 30 days, you may file suit in a federal court. In such a case, the court may require the Trust to provide the materials and pay you up to \$110 a day until you receive the materials, unless the materials were not sent because of reasons beyond the Trust’s control. If your claim for benefits is denied or ignored, in whole or in part, you may file suit in a state or federal court. In addition, if you disagree with the Plan’s decision or lack of decision concerning the qualified status of a domestic relations order or a medical child support order, you may file suit in federal court. If fiduciaries misuse the Plan’s money, or if you are discriminated against for asserting your rights, you may seek assistance from the Department of Labor or you may file suit in a federal court. The court will decide who should pay court costs and legal fees. If you are successful the court may order the person you have sued to pay these costs and fees. If you lose, the court may order you to pay these costs and fees, for example, if it finds your claim is frivolous.

If you have any questions about your Plan, contact the Trust Administrative Office or WDS/Delta Dental. If you have any questions about this statement or about your rights under ERISA, or if you need assistance in obtaining documents from the Trust Administrative Office or WDS/Delta Dental, contact the nearest office of the Employee Benefits Security Administration, Department of Labor, listed in your phone directory or the Division of Technical Assistance and Inquiries, Employee Benefits Security Administration, Department of Labor 200 Constitution Avenue NW, Washington, DC 20210. You may also obtain certain publications about your rights and responsibilities under ERISA by calling the publications hotline of the Employee Benefits Security Administration.